



Merrimack Valley Food Bank, Inc.

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Help US... Help OTHERS

FOR IMMEDIATE RELEASE

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Share, Shred and Organize Event to help the Merrimack Valley Food Bank and Community Members Get Organized

December 22, 2009 Lowell, MA – The Merrimack Valley Food Bank and the Greater Manchester NH Chapter of the National Association of Professional Organizers will celebrate “Get Organized” (GO) Month on January 15, 2010 (snow date January 22) with the Share, Shred and Organize Event at the Food Bank warehouse in Lowell. Kelly Santos of Xtra Hands Organizing Company has identified this as the group’s volunteer project of the year.

The work plan identified by Xtra Hands and the Food Bank staff to organize the facility’s office and warehouse storage space will be completed by approximately 10 NAPO volunteers, Food Bank team members, and additional volunteers. The teams will help establish new systems to maintain organization within each space by removing and purging clutter. Doc Shredding Corp. of Plainville, MA will shred up to 3 boxes of documents for members of the community who contribute \$5.00 and donate a bag of non perishable food for the Food Bank.

Project organizers are seeking sponsors, donors and volunteers to help make the event a success and help the Food Bank operate more efficiently. In kind sponsors include Plumberboy Plumbing and Heating of Dracut MA and Xtra Hands, a Lowell-based business that helps clients organize their work and personal space to create a more effective environment in which to work and live.

The Merrimack Valley Food Bank, Inc. is one of four food banks in Massachusetts and provides food and supplies to food pantries, shelters, soup kitchens and day and residential programs in 29 communities in Massachusetts and New Hampshire. Call Lisa or Amy at 978-454-7272 for more information about the project. For information about the local chapter of the National Association of Professional Organizers visit www.napogreatermanchesternh.com.

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